

**ALABAMA PODIATRIC MEDICAL ASSOCIATION
BEACHSIDE SCIENTIFIC SEMINAR 2025
SANDESTIN GOLF AND BEACH RESORT
BAYTOWNE CONFERENCE CENTER**

Wednesday, April 30, 2025 (3 cme contact hours)

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| 4:55 PM – 5:00 PM | Welcome |
| 5:00 PM – 6:00 PM | <p>The Unforeseen Impacts of Third Party Contracting
<i>Grace Torres-Hodges, DPM</i></p> <ul style="list-style-type: none">• Review the Principles of Informed Consent• Discuss the Traditional Path to Private Practice• Evaluate Insurance Contract Misconceptions• Introduce Alternative Private Practice Models• Analyze the Direct Care Podiatry Model |
| 6:00 PM – 7:00 PM | <p>"It's Just a Sprain" Why <i>an ankle injury is significant</i>
<i>Eric Fillinger, DPM</i></p> <ul style="list-style-type: none">• Review the anatomy of the ankle ligaments and their supportive role• Review the etiology of various soft tissue ankle injuries• Review the sequelae of under-treated "ankle sprains"• Develop treatment algorithms for acute and chronic ankle injuries• Discuss surgical reconstruction for soft tissue injury of the ankle |
| 7:00 PM – 8:00 PM | <p>Sifting Through Wound Care Products and Coordinating Help for the Patient at Home
<i>Johnnie Alston, DPM</i></p> <ul style="list-style-type: none">• Learn to evaluate the wound bed and select the appropriate dressing• Review the ever-changing world of wound care products• Coordinate help at home from nursing to supplies to home infusion |

Thursday, May 1, 2025 AM (3.75 cme contact hours)

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|-------------------|--|
| 7:00 AM – 7:40 AM | Register |
| 7:40 AM – 7:45 AM | <p>Welcome
<i>Rosemarie Caillier, DPM-Director, Eric Fillinger, DPM,
Johnnie Alston, DPM, Mallory Kirkland, DPM</i></p> |
| 7:45 AM – 8:45 AM | <p>Optimizing Intravenous Antibiotic Therapy: Best practices and Innovations
<i>Kristy Polk, RN BSN</i></p> <ul style="list-style-type: none">• Improving patient outcomes by ensuring the effective eradication of infections |

- Minimizing the risk of antibiotic resistance by using precise dosages and durations
- Enhancing patient safety through the prevention of adverse drug events
- Increasing efficiency in healthcare delivery by streamlining administration processes

8:45 AM – 9:45 AM

Exploring Intact Fish Skin Grafts: Innovative Solutions for Wound Healing and Surgical Applications

Jonathan Richards, DPM

- Understand the science: Explain the biological properties of intact fish skin grafts and the mechanism of action
- Clinical applications: Identify clinical scenarios where intact fish skin grafts can be effectively utilized in podiatric practice
- Evaluate outcomes: Review current evidence and case studies demonstrating the efficacy and patient outcomes associated with the use of intact fish skin grafts

9:45 AM – 10:15 AM

Visit with Exhibitors

10:15 AM – 11:15 AM

Navigating the Intersection of Diet, Weight Loss Medications, and Podiatric Health

Jerlyn Jones, MS MPA RDN LD CLT

- Explore how excess weight, dietary patterns, and weight loss medications impact common podiatric conditions and overall foot health.
- Equip podiatrists with practical strategies to guide patients in adopting sustainable lifestyle changes that complement the effects of weight loss medications.
- Share evidence-based dietary strategies to optimize patient outcomes with greater confidence and understanding

11:15 AM – 12:15 AM

Navigating CMS Changes in Cellular and Tissue Products (CTPs): Clinical and Documentation/Billing Considerations

James Whelan, DPM

- Outline key CMS policy changes impacting cellular and tissue products in podiatric wound care.
- Clarify clinical implications alongside optimal documentation, coding, and billing practices.
- Provide strategic guidance for compliance and maximizing reimbursement.

12:15 PM – 1:15 PM

Lunch Break (on your own) OR **NON-CECH Lunch Program: Hosted by Organogenesis**

Thursday, May 1, 2025 PM (4.25 cme contact hours)

1:15 PM – 2:00 PM

Artificial Intelligence in Lower Extremity Dermatology

Daniel L. Waldman, DPM

- Providing new knowledge about the application of artificial intelligence in podiatry
- Improving physician lower extremity dermatology diagnostic skills with technology
- Understanding proper use and limitations of artificial technology in clinical practice
- Improving patient outcomes with AI guided diagnosis and treatment of skin and nail disorders

2:00 PM – 3:00 PM

Vascular Disease and The Chronic Foot Wound

Brian Sellers, DO

- Physician will be familiar with basic arterial anatomy of the leg and foot
- Physician will be familiar with vascular work-up in patients with chronic leg wounds and understand the benefits and limitations of various diagnostic studies
- Physician will be familiar with various treatment options for peripheral arterial disease
- Physician will develop a treatment algorithm that is beneficial for their specific patient population

3:00 PM – 3:30 PM

Visit with Exhibitors

3:30 PM – 4:30 PM

Limb Salvage - One Step Ahead

Ana Recendiz, DPM & Greg Sutton, DPM

- Review components of a limb salvage team
- Discuss challenges related to limb salvage
- Discuss morbidity and mortality of diabetes and amputations
- Review risk factors that can be mitigated
- Review of development of limb salvage program including multi-specialty approach
- Review possible preventative programs for plans or patients

4:30 PM – 5:30 PM

Overview of Additive Manufacturing and Digital Shape capture in Orthotics and Prosthetics

Gerald E. Stark, Ph.D., CPO/L, FAAOP(D)

- Provide familiarity with the technologies and processes for digitization and additive manufacturing as well as the terms
- Compare the success of various methodologies compared to existing methods from a clinician's perspective
- Illustrate a heuristic flow chart regarding decision making for each level of involvement

5:30 PM – 5:45 PM

Q & A

5:45 PM – 6:45 PM

Reception located in Azalea Foyer: **Hosted by Sagis**

Friday, May 2, 2025

(4.5 cme contact hours)

6:30 AM – 7:00 AM	Check In/Breakfast with Exhibitors
7:00 AM – 7:20 AM	<p>Double vs Triple Arthrodesis: Is Less Really More?</p> <p><i>Caroline R. Kiser, DPM, FACFAS</i></p> <ul style="list-style-type: none"> • Utility in pes planus vs pes cavus
7:20 AM - 7:40 AM	<p>Frame Your Hardest Wounds</p> <p><i>Caroline R. Kiser, DPM, FACFAS</i></p> <ul style="list-style-type: none"> • Physician will learn when to use external fixation for hard to heal wounds
7:40 AM - 8:00 AM	<p>Hindfoot Solutions for Midfoot Problems: Tibiotalocalcaneal Arthrodesis in Charcot Neuroarthropathy</p> <p><i>Caroline R. Kiser, DPM, FACFAS</i></p> <ul style="list-style-type: none"> • The physician will learn the importance of superconstructs in Charcot neuroarthropathy • The physician will learn to select the correct level to address Charcot neuroarthropathy
8:00 AM – 8:45 AM	<p>Choosing E&M Levels Correctly</p> <p><i>Jeffrey Lehrman, DPM</i></p> <ul style="list-style-type: none"> • Differentiate between the medical decision making and total time pathways used for selecting evaluation and management levels. • Define “chronic” as it applies to choosing evaluation and management levels • List 3 tasks that may be considered when using total time to choose an evaluation and management level
8:45 AM – 9:00 AM	Q & A
9:00 AM – 9:30 AM	Visit with Exhibitors
9:30 AM – 10:00 AM	<p>No Such Thing as an Office Visit – E&M Defined</p> <p><i>Jeffrey Lehrman, DPM</i></p> <ul style="list-style-type: none"> • The physician will learn the four required elements of an evaluation and management service
10:00 AM – 11:00 AM	<p>Golf: Understanding Biomechanics, Injuries, and Tendonopathy Related to the Golf Swing</p> <p><i>Marlene Reid, DPM</i></p> <ul style="list-style-type: none"> • To understand the role that biomechanics has on the golf swing • To be able to consider foot pathologies that may have an effect on the golf swing • To have a better understanding of injuries that can occur or worsen due to golf • To understand the differences between tendinosis and tendonitis and how to identify when a patient has gone from an acute, inflammatory condition to a non-inflammatory chronic one

- To identify when and how treatment options are most appropriate for tendinopathy

11:00 AM – 12:00 PM

Footprints of Lupus: Identifying and Treating Foot Complications

Thao Tran, MD

- Overview of SLE
- Identify and Assess Lupus Related Foot Manifestations
- Apply Effective Diagnostic and Treatment Strategies
- Implement Preventative Care Measures

Saturday, May 3, 2025 (5 cme contact hours)

6:30 AM – 7:00 AM

Check In/Breakfast with Exhibitors

7:00 AM – 8:00 AM

Opioids

Michael Navarro, DPM PGY-3

- The physician will learn risk factors for potential misuse, abuse, and diversion of prescribed opioid medications.
- The physician will learn morphine milligram equivalent (mme) tables to manage opioid prescribing management and reduce opioid harm.
- The physician will learn opioid prescribing, monitoring, and record keeping.
- The physician will learn techniques to recognize problematic drug-taking behaviors and be able to distinguish between abuse, unintentional abuse, and diversion.
- The physician will learn to integrate screening tools and/or equivalent prescription monitoring software to identify patients at risk for misuse.
- The physician will learn more about healthcare disparities in opioid prescribing and opioid use disorder prescription.

8:00 AM – 9:00 AM

Long Hours, Little Sleep, High Pressure, Stressful Situations

James Spann

- Learn to identify career pressure and its personal impact
- The learner will discover the value of perseverance in stressful/difficult circumstances
- The learner will develop strategies for dealing with stress
- Learn ways to develop a positive mindset
- Learn strategies to turn negative circumstance to positive motivation

9:00 AM – 9:30 AM

Visit with Exhibitors

9:30 AM – 10:30 AM

Lower Extremity Skin Cancer Refresher

Lilly Khavari, DPM

- The physician will learn the importance of early diagnosis
- Physician will become more confident in what causes skin cancer in the lower extremity, patients most at risk and signs to look for during clinical examination
- Physician will be able to define the different types of skin cancer in

the lower extremities and feel confident in biopsy and treatment techniques for different types of diagnosis

10:30 AM – 11:30 AM

Using the Power of Patient Engagement to Grow Your Practice

Marlene Reid, DPM

- To understand that enhancing each patient visit experience to engage your patients will result in compliant patients, better outcomes and confidence in your treatment protocols.
- To recognize patient engagement strategies including education, patient centered care and active listening from both the patient and the physician.
- To understand that patient expectations and education are important in patient/physician's relations

11:30 AM-12:30 PM

CAC Lecture

Brent Harwood, DPM

- Attendees will be updated on Medicare coding and billing

12:30 PM – 2:00 PM

**ALPMA Annual Business Meeting Lunch
(ALPMA Members Only)**

Sunday, May 4, 2025 (4.5 cme contact hours)

***The Mildred Dixon, DPM Resident Lecture Series
In view of her contribution and pioneering spirit to podiatry***

6:45 AM – 7:00 AM

Check In

7:00 AM – 8:00 AM

Pediatric Flatfoot

Katie A. Rameriz, DPM PGY-2

- Articulate etiology of pediatric flatfoot
- Recognize important physical and radiological exam findings for pediatric flatfoot
- Discuss and learn conservative and surgical treatment options for pediatric flatfoot

8:00 AM – 9:00 AM

Flexible Flatfoot

Jonathan Garcia, DPM PGY-3

- Discuss etiology of flexible flatfoot
- Recognize presenting factors and imaging findings for flexible flatfoot
- Discuss surgical and non-surgical treatment options for flexible flatfoot

9:00 AM – 9:15 AM

Break

9:15 AM – 10:15 AM

Rigid Flatfoot

Marlethia Lawrence, DPM PGY-1

- Discuss Etiology of Rigid Flat Foot
- Discuss Examination Findings
- Discuss Conservative and Surgical Treatment Options

10:15 AM – 11:15 AM

Bone Tumors: An Overview of Classification, Diagnosis, and Treatment

Charles Faulk, DPM PGY-2

- Discuss the presentation of various bone tumors
- Differentiate benign vs. malignant bone tumors
- Discuss radiographic evaluation of bone tumors
- Discuss treatment options of various bone tumors

11:15 AM – 11:45 AM

Q & A